



Dear Client,

Thank you for reaching out to PIMS – Pakistan Society of Mind Sciences. We want the best care for you so read the following first:

1. Realize that therapy is a long-term commitment, so read the profile of our practitioners carefully because you will be meeting them for months to come.
2. Below you can find our graduates (in no particular order) with different educations, experiences, and fees structures. Our practitioners are all over the world, so take your time and find the one that is nearest to you. You may use (Ctrl+F) button to search as well.
3. It is okay if you and your therapist don't click at first. We recommend you try several of our practitioners until you find the one for you.
4. You can also call our practitioners and ask them questions first before visiting them. Please remember to give reference of PIMS and Dr. Ibrahim Siawash when you contact

them.

Best Regards
Dr. Ibrahim Siawash
CEO and Founder – PIMS

*DISCLAIMER: PIMS doesn't take responsibility of your results during your visit to our practitioners but you are most welcome to make a written complaint. Email your complaint to courses@pimscourses.com

PIMS Practitioners Profiles

Full Name	Preferred Client Service Area	Qualification, Certifications and Experience Details	Contact Information	Fee Per Session	Social Media / Website
Dr Nazia Rafique	Lahore Cantt	I have completed my MSC in clinical psychology and got professional certifications in 1-the art and science of relationship, understanding human needs from university of Toronto 2-ADHD-Everyday strategies for elementary students from the state university of New York 3-Psychodiagnostics and Psychological assessment from national research Tomsk state university 4-Hypnotherapy certification from NGH USA Nowadays doing PMDCP Working in this field from 2017 onwards	10 A new shami flats shami road Lahore Cantt	3000	http://linkedin.com/in/nazia-rafique-168805201
Syed Ali Abbas Qasim Shah	Online. And Karachi	MS Clinical Psychology. Certificate in internal family model therapy; hypnosis; hypnosis blue print; developmental psychopathology	03161088428	Full fee 4000. Discount available	https://www.facebook.com/aagsexplorations/
Moafia Malik	Lahore Pakistan	MSCP, Certified Hypnotherapist, CBT & NLP practitioner	0334-6952044 (Singapore medical centre iqbal town lahore)	2500pkr	https://www.facebook.com/Inspiring-Hope-109089420494173/
Javeria Sundus	Malir cantt	Student, Certified hypnotherapist, done a few case studies and help out some friends.	0312-0184541(contact on WhatsApp only) Malir cant	500	
Reeba	Sargodha.	BS PSYCHOLOGY, DSM FULL COURSE, HYPNOTHERAPY COURSE. Started just yet have experience dealing with clients of anxiety.	+923174701070	700	@reebathatsit Instagram.
Atif Inayat	Rawalpindi / Taxila / Attock	Certified Hypnotherapist	0312-5192040	1500	https://web.facebook.com/Internati

PIMS Practitioners Profiles

					onal-Hypnotherapy-Center-103248318404499
Sadia Yaqub	stress, depression, anxiety, family issues, behavioural issues, sleep disturbances, anger, headache, time management, phobia.	*Mphil Applied Psychology *Certified Hypnotherapist *Graphologist *Certifications: Eating disorder, stress and emotions management with mindfulness, addiction counsellor, CBT, REBT, Psychological testing. *Experience: 5 years experience. practicing as a Psychologist and Hypnotherapist at Mukhtiar Munir Hospital, sabzazar, Lahore	Mukhtiar Munir Hospital, 993- H, Liaqat Chowk Near Police Station Sabzazar, Lahore (contact no: 0332-0777881)	2000	Sadia Yaqub
Nida Butt	18+ years, burnout, anxiety, depression, performance enhancement	Business psychologist, NLP practitioner, Emotional intelligence coach, hypnotherapist, leadership & life coach	Online sessions over zoom. Located in Abu Dhabi	13,000 PKR	WhatsApp to connect – 00971554456577
Aroosa Ali	SCOPE OF PRACTICE: - Abuse (Emotional / Physical) - Anger Management Issues - anxiety disorders - Death and Dying - Fear - Forgiveness - Performance Enhancement - Relationships and Marriage Problems - Self-Love CORE SERVICES: - Awareness - Coaching (Life) - Counselling - Drop-in Meditation - Hypnosis - Mindfulness - Psychology - Training - Wellness	MS Industrial/Organisational psychology Life Coach, Psychologist, UK & USA Certified Hypnotherapist, NLP Practitioner, Reiki Healer, Career & Educational Couns.	0321-9622443. 63-A Mamdoot Block, Mustafa Town, Lahore.	2500	https://g.page/r/CeCjab5CnLANEB_A

PIMS Practitioners Profiles

Hafsa Farrukh	Teens and adults facing behavioural issues, depression, anxiety, phobias, PTSD, OCD, panic disorder, anger issues, relationship issues and couple counselling.	PhD Scholar University of Utara Malaysia. MS Clinical Psychology (University of Lahore)Gold Medalist. CBT 1yr Diploma (PACT) DBT certified (Marsha Linehan Institute) Hypnotherapist (PIMS) TBT Certified (Rehana Webster) NLP certified +20 yr experience in educational sector as student Counselor and teacher trainer. +8 yr experience as a clinical psychologist in child and adult. Associate member APA American psychological association. Member Australian and New Zealand mental health association. Member Pakistan Association of cognitive therapist PACT. Member British Council for Complementary Therapies MITBCCT.	03314954520, psynergy lounge, wapda city, Faisalabad.	5000 rupees per session.	https://www.facebook.com/PSYNE_RGYinc/
Dr Nazia Rafique	1-Children with Autism Spectrum Disorder, ADHD 2-students who wanna prepare for psychological testing before appearing for any reputable job 3-Adults with OCD, Depression, Anxiety and other cognitive disorders	MSC in clinical psychology and got professional certifications in 1-the art and science of relationship, understanding human needs from university of Toronto 2-ADHD-Everyday strategies for elementary students from the state university of New York 3-Psychodiagnostics and Psychological assessment from national research Tomsk state university 4-Hypnotherapy certification from NGH USA	10 A new shami flats, shami road Lahore Cantt	3000	http://linkedin.com/in/nazia-rafique-168805201
Dr. Fizza Umar Siddiqui	Karachi, Pakistan. Available remotely as well.	MBBS, Hypnotherapist, NLP Practitioner, Certified CBT Practitioner, Certified Clinical Trauma Specialist (CCTS-I)	+923322975042, PECHS Block 2, Karachi, Pakistan	1500 (Negotiable)	https://linktr.ee/fizzaumar
Rahl Nadeem	Islamabad/ Online Sessions Via Zoon	Behavioral Scientist/Psychologist, Certified Hypnotherapist, Certified NLP Coach, DPT Skills Therapist, Graphologist, Trained as Registered Behavioral Therapist/ ABA Therapist, Certified EMDR Therapist.	03323844777	2500 Rs	ayeshanadee msheikh4@gmail.com, aysh.shykh
Sumyayyah Younis	Weight loss and health	NLP practitioner	00966595662819	11600 rupees	https://www.instagram.com/sumayyakhann/
Hafiza Saima Irshad	All	Ms in clinical psychology, TBT practitioner, CBT practitioner, certified NLP practitioner, certified hypnotherapist. 2 years experience as a clinical psychologist	Azan city sahiwal , gulshan raheem	2000	

PIMS Practitioners Profiles

			Burewala, 03057687005		
Minahil Rauf	Psychotherapy Hypnotherapy	BS Psychology Certified Hypnotherapist by PIMS Clinical internship at IMC NESCOM, Psychiatry department.	03335944491	1200/-	
S.A.Sagar	Depression, Phobias, OCD of different types.	Professional Hypnotherapy Certificate by PIMS. Certified By NGH-USA, Master in Health and Physical Education(Sports Psychology, Law Graduate. 5 Years Experience.	Indus Housing Society, Rahim Yar Khan.	500	
Mareya Zaman	Islamabad and Peshawar	BS Psychology , currently doing MS Speech and language pathology/Therapy. IEP consultant for Autism from Montana State University, certified Hypnotherapist from Pakistan Institute of Mind sciences , currently doing training in NLP from PIMS, Have done internship in khyber teaching hospital and kreative kinder haus .	F6/1 street 37 house 39 islamabad , 3/2A old jamrud lane university town Peshawar. Contact # 03329869912	2000	Instagram: Mareya zaman Khan Mohmand
Ayesha Iqbal	Stress, anxiety, productivity related, eating issues, sleep related issues.	Certified Hypnotherapist.	03162394680	Rs. 500	
Javeria Sundus	Age:16-27, stress, anxiety, insomnia	Student, Certified hypnotherapist, Done a few case studies and help out some friends.	0312-0184541(contact on WhatsApp only) Malir cantt	500	
Nida Aziz	All age groups Stress Management. Anxiety Depression Relationship Counselling Student Counselling Online service are also offered.	MSC Applied Psychology Certification in Counselling Psychology Certification in Positive Psychology Certified Hypnotist Certified NLP practitioner Certified CBT practitioner (Anxiety and Depression.	Ghurki Trust teaching hospital. Near Wahga Border. 03214707820	1500	https://www.facebook.com/Heart.Reader
Ahtasham liaqat	Gujranwala	B.s Psychology Certified hypnotherapist M.s clinical psychology	Medcare international hospital, Gill Road near railway station, Gujranwala 03136425482	2500	

PIMS Practitioners Profiles

Izzah Alvi	Counselling for Young adults preferably females residing in Islamabad.	BS applied psychology, certified Hypnotherapist and NLP practitioner.	03375102913	500	
Saeed Malik	Consultant psychologist, Counsellor Psychotherapist, NLP Couching Practitioner, CBT Practitioner	MS Clinical Psychology Certified NLP Couching Practitioner Certified CBT Practitioner Consultant Psychologist at Jahan Ara Trust Hospital Sargodha Consultant Psychologist at Mind Care Centre Sargodha Clinical Psychologist at Fountain House	03059600268 Address: Mind Care Centre, 14 Khayabana Khalid Near Imam Bargah Farooq Colony University Road Sargodha	1000	https://www.facebook.com/MindCarecenterbySaeedMalik/
Simra Shamshad	-Adolescents -concerns with anxiety and stress, childhood trauma, family relationships. - solution focused brief therapy	-Currently in MS Clinical Psychology at Institute of Professional Psychology, Bahria University - BS Psychology from Institute of Professional Psychology - Certified Hypnotherapist from PIMS - Psychology Internship from Institute of Behavioural Sciences - Psychology Internship from Pakistan Centre of Autism - Internship in Kazim Trust - Internship at Abbasi Shaheed Hospital -Internship at Project Yakeen - Career counselling affiliated with Ministry of Youth	A-24, Naveed Bungalows, Block 17, Gulistan-e-Johar	1500	https://www.linkedin.com/in/simra-shamshad-113b971b4
Muhammad Haseeb Riaz	Age: 18- 45 , Youngster and adult counselling and coaching	Bachelors in Engineering, Diploma Applied Psychology, Masters(Scholar) in Psychology, Certified NLP Practitioner, Member and Leader at World Economic Forum(Global Shapers Community), Youngster's Problems , motivation, goal setting, conflict management and career counselling last 3 years (2017- present) in Punjab Group of colleges, Faisalabad.	Railway Hospital Block 39-A near Muslim High School P/O Tariqabad, Faisalabad +923107639736	1200	1. facebook.com/haseebriazofficialpage 2.muhammaddhaseebriaz.com
Farwa Ayub	Anxiety, Depression, Phobia, Personality Disorders	ADCP, Certified Hypnotherapist, Certified NLP practitioner, Msc Applied Psychology.	DC - Colony Gujranwala , Cantt./ 03226667707	PKR 2000	
Moomal yusuf	Adolescents, anxiety, stress, depression disorders	BS psychology, certified hypnotist, mental health worker, counsellor. I've worked with special children (Assessments and therapy) and worked with youth ministry of Pakistan, facilitated them with career counselling in different schools.	B-65, block-8, gulshan-e-iqbal, karachi. Contact number: 03360085591	1500	Moomal.y@instagram.com

PIMS Practitioners Profiles

Ayesha. Siddiq	Rawalpindi, Islamabad	Certified professional hypnotherapist, life coach, marriage consultant, education advisor	Rawalpindi, 0345-6184806	500	
Fizza Waheed	Gujranwala, Gift wellness office at gift University and jatala medical rehabilitation complex	Clinical psychologist ADCP, Certified hypnotherapist and NLP practitioner, 2 years experience	0320-1684614	2000	Will provide soon
Dr Salman Riaz	Behria town Lahore and gulberg.	Ms clinical psychology, NLP and hypnosis certified.	3328476462	2500	www.Firstclinicalpsychologist.com
Saman Iqbal Mughal	Child and adult Child disorder. Autism spectrum disorder Hyperactivity, Behavioural issues Adult disorder. Depression, Anxiety, Phobia, Insomnia, OCD , Anger issue, Sexual dysfunction	M.Sc Applied psychology M.S Clinical Psychology Certified NLP Practitioner and life coach	Sikander Medical Complex Gujranwala Contact no. 03323366502	1500 per session	Marham.com
Javeria Sundus	Age:16-27, stress, anxiety, insomnia	Student, Certified hypnotherapist, Done a few case studies and help out some friends.	0312-0184541(contact on WhatsApp only) Malir cantt, Karachi	500	
Anita Khan	Teenage to adult age group, Depression/ Anxiety/Stress/Phobias/Mood Disorder.	MS Psychology, Certified Hypnotherapist, CBT Practitioner, year of experience as a psychologist	Gulshan-e-Ravi, Lahore. 03311487827	2000 PKR	
Nida Aziz	All age groups. Stress management Anxiety Depression Relationship Counselling Student Counselling Parenting Counselling Habit forming and reversal.	MSC Applied Psychology. Certified Hypnotist Certified NLP practitioner Certified CBT practitioner Certification in Counselling Psychology Certification in Positive Psychology Working in Ghurki hospital as a Psychologist.	Ghurki Trust Teaching Hospital Near Wahga Border. Lahore. 03214707820	1500	https://www.facebook.com/HeartReader

PIMS Practitioners Profiles

Simra Shamshad	<ul style="list-style-type: none"> -Deal with Young Adults and Elderly -Concerns regarding Anxiety, Depression, OCD, interpersonal issues, issues related to childhood. - Trauma informed and focused therapies - Brief Counselling 	<ul style="list-style-type: none"> - MS Clinical Psychology at Institute of Professional Psychology, Bahria University -BS Psychology from Institute of Professional Psychology - Certified Hypnotherapist from PIMS - Associate Clinical Psychologist at Kiran Foundation - Associate Clinical Psychologist (Internee) from Institute of Behavioural Sciences -Psychology Internship from Pakistan Centre of Autism -Internship in Kazim Trust -Internship in Project Yakeen -Internship at Abbasi Shaheed Hospital -career counselling affiliated with Ministry of Youth 	AFOHS Falcon Complex (New Malir), Karachi + 03472509721	1500 - 3000	https://www.linkedin.com/in/simra-shamshad-113b971b4
Ayesha Iqbal	Stress, anxiety, eating habits, sleep, productivity, trauma.	Certified Hypnotherapist and Currently enrolled in MPhil Clinical Psychology	03162394680 + Karachi (online)	Rs. 300	
Minahil Rauf	Hypnotherapy Psychotherapy Anxiety Depression Bipolar Trauma Age group: 15-45	<ul style="list-style-type: none"> -Certified Hypnotherapist by PIMS. - Certified Internship program at IMC NESCOM. 	Rwp/Isb 03335944491	1000/-	https://www.instagram.com/manahil_rauf/
Areeba Athar	Anxiety disorder, depression disorder, Trauma disorder.	BS PSYCHOLOGY, DSM 5 COMPLETION COURSE, HYPNOTHERAPY COURSE.	Qasim Park, Sargodha. +923174701070	1000	Instagram @reebathatsit
Mareya Zaman	Age group : 10 onwards Service Area: Anxiety , depression , stress , pain management , OCD and personality disorders etc	BS Psychology MS SLP/T Certified IEP consultant for Autism from Montana State University Certified Hypnotherapist from PIMS Certified NLP Coach practitioner from PIMS Reiki healer Currently doing DBT from PIMS Internship in KTH Peshawar and KKH Islamabad	Address: F6/1 Islamabad Contact :03329869912	2000	Instagram: mareyakzaman
Dr Salman Riaz	All mental disorders even autism spectrum disorders, substance abuse and sexual dysfunctional too.	Ms clinical psychology, hypnotherapist, nlp practioner, REBT certified and nutritionist. Expertise in all types of mental disorders even autism spectrum disorders, substance abuse and sexual dysfunctional too.	03328476462, 11j gulberg 111 Lahore.	2500	Firstclinicalpsychologist.com

PIMS Practitioners Profiles

Sabeen Sabir	Anxiety, Depression, Insomnia, Stress management, PTSD, Parent-Child guidance, Students concerns, children with learning issues and other psychological issues (children and adult group)	BS psychology (COMSATS); M.Phil Psychology (National Institute of Psychology, QAU); Certified Hypnotherapist (PIMS); TBT Practitioner (HLPS Pakistan); PFA Practitioner (Udemy and Coursera); Worked at CDA hospital Islamabad, Hosla Rehabilitation Centre Islamabad and Counselling Centre NIP-QAU	+92 318 5605505 , lifemend.pk@gmail .com (Life Mend Psychological Services) Zoom schedule	1000	http://linkedin.com/in/sabeen-sabir-6ba90b205
Aroosa Ali	SCOPE OF PRACTICE: - Abuse (Emotional / Physical) - Anger Management Issues - Anxiety Disorders - Death and Dying - Fear - Forgiveness - Performance Enhancement - Relationships and Marriage Problems - Self-Love -Career and Educational Counselling	MS IO PSYCHOLOGY Life Coach, Psychologist, UK & USA Certified Hypnotherapist, NLP Practitioner, Reiki Healer, Career & Educational Counsellor More than 5 years of Experience My Clinic: MINDSET COUNSELING BY AROOSA ALI (A Mindfulness platform focusing on Spiritual, Intellectual, Physical and Emotional aspects through various Meditative Techniques.)	0321-9622443 + 63-A Mamdoot Block, Mustafa Town, Lahore	2500	https://google.com/CeCjab5CnLANEB A
Sadia Yaqub	Stress, Anxiety, Depression, Phobia, Family issues, anger issues, headache, sleep disturbance, time management, low confidence, over thinking, obsessive compulsive disorder, personality disorder. *Age group: Adult	*Mphil Applied Psychology *Certified Hypnotherapist *Writing Analyst *Certifications: Eating Disorder, CBT, REBT, Addiction Counsellor, Stress and Emotions Management with Mindfulness, Psychological Testing, The Source Code,DSM-5.	Mukhtiar Munir Hospital, 993-H, Liaquat Chowk Near Police Station Sabzazar, Lahore, cell# 0332-0777881and online sessions	1000	
Ahtasham liaquat	Couples therapy , past trauma , anxiety, depression ,self Doubt, negative thinking ,OCD	B.s Psychology Certified hypnotherapist practitioner Ms clinical psychology	Med care international hospital Gill road near railway station Gujranwala, 03136425482	2000	
Muhammad Haseeb Riaz	Conflict Management, Goal Setting and Monitoring, Coaching, Anxiety Disorders	B.Sc Engineering, Diploma(Applied Psychology), Masters in Psychology, Certified NLP Coach(Practitioner), Teacher, Trainer, counselling and coaching last 3 years.	1. Wapda City Faisalabad. 2. Tariqabad,	1500	1.muhammaddhaseebriaz.comwww.in

PIMS Practitioners Profiles

	and Phobia, Confidence Building. Age: 15-35	Teaching+Motivation+Career Counseling+Coaching in Punjab Group of College Faisalabad.	Faisalabad contact No: +92 310 7639736		stagram.com/haseebria zofficial/
Saeed Malik	Clinical Psychology, Counselling, PsychoTherapy Personality Disorders, Generalized Anxiety Disorders, Depression, Anxiety, Stress, Phobias, OCD, Sleep Issues, Family Counselling, Marital Counselling, Addiction Counselling, Educational problems, Speech Problems	MS Clinical Psychology Consultant Psychologist NLP Coaching Practitioner CBT Practitioner 1.Consultant Psychologist Fountain House 2.Consultant Psychologist at Jahan Aza Iftakhar Trust Hospital Block 21 Near Chandni Chowk Sargodha 3.Consultant Psychologist at Mind Care Centre, 14 Khayabana Khalid Near Imam Bargah Farooq Colony Sargodha	03059600268, Mind Care Center 14 Khayabana Khalid Near Imam Bargah Farooq Colony Sargodha	1500	https://www.facebook.com/MindCarecenterbySaeedMalik/
adnan ansari	anxiety, job career related counselling, social media related addiction. Also teaching self hypnosis to any area of life client wishes to apply to.	Clinical Hypnotherapist	Defense Lahore. 03244957807	2,500 per session.	
Fizza Waheed	Gujranwala at jatala medical rehabilitation complex setlite town and Gift wellness office at GIFT University Gujranwala as well online mode.	Msc psychology, ADCP, Certified hypnotherapist and NLP practitioner, 2.5 years experience	0320-1684614 Gujranwala	2000	Not yet
S.A.Sagar	18 to 60 age group, OCD of some types, Bad Habits, Obesity, Yogic Meditation, Reiki	Professional Hypnotherapy Certificate by PIMS, Reiki By Reiki Grand Master Dr Basharat Khan, SMP by Dr Arshad Roohvi. Master in Sports Psychology, Law Graduate.	S.A.Sagar Sims Hypnosis, 155-Indus Housing Society, Rahim Yar Khan.03186490161, WhatsApp 03337668118	PKR:1000 /=	https://help.nhope.wixsite.com/parapsychology
Moafia Malik	Adult especially Depression, Anxiety, OCD, Panic, Bipolar, confidence issues and all related behavioural issues.	MSCP, Certified Hypnotherapist, CBT & NLPCP... 7 year experience	0334-6952044 In person/online session both	3500pkr	https://www.facebook.com/Inspiring-Hope-

PIMS Practitioners Profiles

					109089420494173/
Rabbia Saeed	Anxiety, Depression, Trauma, Obsessions ad Compulsions, Phobias in Children and Adults both.	An aspiring team worker and working and dedicated professional who wants to utilize immense knowledge of human behavior and continue to help others in field of Psychology, Worked at NESCOM Hospital Islamabad, Responsible for taking case history, testing, writing reports and counselling for neurotic patients, Recognized as Certified Hypnotherapist By Pakistan Institute of Mind Sciences (PIMS), Worked at Apple Group Of Schools Responsible for Communication with campuses Nationwide and giving Psychological sessions campus to campus.	Islamabad, 03369225474.	1000	
Shahzad Aslam Bajwa	Adult counselling, students related problems, Psychological Testing Marital Counselling and older Adult Counselling	M. Phil in psychology. Associate professor in psychology islamia college railway road Lahore. Registered psychologist in Australia counselor association. worked with mental health people in Australia certificate in hypnosis near 20 year experienced in govt and private sector. worked with special persons as a psychologist. Served as Student counsellor for more than10 years.	Ho no 306 st 8 cavalry ground(ext) Lahore cantt mob no 03334259597 e mail shahzadbajwa306@gmail.com	3000	
Munazza Riaz	Adults with anxiety, depression and OCD.kids from age 12 to adults for handwriting analysis.	MS Clinical Psychology, licenced by Pakistan Association of Clinical psychologist. Hand writing analyst, certified hypnotherapist. Certified SFBT. Working with TherapyWings since 2019.	Bahria town.0302 9573340	2500	https://www.facebook.com/Therapy-Wings-108111657331974/
Irfa Tariq	Clinical & general Psych	MBBS, Hypnotherapist	+92 332 1628749 (Whatsapp)	1000	
Hamza Nadeem	General Anxiety. Depression. Relationship Counselling Services. Child Counselling Services. Hypnotherapy.	Psychologist Psychotherapist Hypnotherapist Neurolinguistic practitioner	Valencia Town, Lahore. 0306 4922002	2500	https://www.instagram.com/therapybyhamza/
Aisha Binte Ahmer lone	Can treat: 1 Depression 2 Anxiety 3. PTSD 4. Phobias 5. Eating disorders	BS (Psychology), Certified Hypnotherapist from PIMS, Certificate in participation in psychiatry from Aga Khan university, internship done in Dow Hospital Ohja campus	Address: Su-189, street 11A, Askari 4, near millnieum mall, rashid minhas road, Karachi. 03201254378	Per session: 2,000-2,500	

PIMS Practitioners Profiles

	6. Schizophrenia (Mild to moderate)				
Minah Majid	Islamabad	BS Psych graduate from Comsats University, Mphil Psych (cont.) from Quaid-e-Azam university, worked as an intern in rehabilitation centre Islamabad, certified hypnotherapist, certified NLP practitioner, certified level 3 Counsellor and certified Life Coach from EmoMatrix India, clinical practise (cont.).	0333-5712011	2500 per session	I'm on Instagram as @minaah_majid. https://www.instagram.com/invites/contact/?i=y5u29i9oklpz&utm_content=r5xmh
Muhammad Umair	Karachi Defence	PHC Batch 10 (Hypnotherapist), DBT Batch 1 (Therapist), MBBS Final Year	DHA Phase 2 +923033822619	1000pkr	Instagram.com/therapy_quill
Fatymah Aly	Wapda Town, UET society, nfc, johar town, valencia, bahria, canal gardens	Bs Psychology Certified Hypnotherapist ABA Therapist	+923244687550	1500	
Mehreen Khalid	Depression, Anxiety, OCD, PTSD, Counselling	BS Psychology, Advance Diploma in Clinical Psychology (ADCP), Professional Hypnotherapy Certification. Experienced in taking in-person and online sessions.	House # 689, Street 4 West, Shabbir Lane, Peshawar Road Rawalpindi Mobile No: 0335-5284259	1000	https://www.instagram.com/p/CYYTtkclM2E/?utm_medium=copy_link
Syeda Andeela iqbal	Soan garden Islamabad	NLP practitioner	03323342241	1000 rupees	
Faryal Ajmal	Online	Medical Doctor... Certification: hypnotherapy, NLP and DBT	314_b2, Ali Street Johar Town Lahore 03314230275	5k	https://www.instagram.com/invites/contact/

PIMS Practitioners Profiles

Ayesha tanveer	Gujranwala	Bs applied psychology, ADCP and hypnotherapy	03328387882	1500	None
Rabbia Noor	Child and adults emotional and behavioural issues, Depressive disorders, Bipolar disorder, Anxiety disorders, Phobias, PTSD, OCD, Schizophrenia and other psychotic disorders, anger issues, Relationship issues couple counselling and Career counselling.	MS Clinical Psychology (GCUL) CBT diploma (PACT) NLP Coaching Certification (PIMS) Professional Hypnotherapy Certification (PIMS). ABA Speech language therapy course (Noorzainab rehabilitation centre) Applied behavioural therapy course (Noorzainab rehabilitation centre)	03041602839, 03424659881	3000	https://healing-souls--reviving-minds.webnode.com/contact/
Tahreem Mohsin	Child and adults emotional and behavioural issues, Depressive disorders, Bipolar disorder, Anxiety disorders, Depressive disorders, Phobias, PTSD, OCD, Schizophrenia and other psychotic disorders, anger issues and Career counselling.	MS Clinical Psychology (GCUL), CBT diploma (PACT), Dialectical Behavioural Therapy Certification (PIMS)	03096360850,03424659881 (online sessions)	2000	https://healing-souls--reviving-minds.webnode.com/contact/
Esha ikram	Online	BS psychology Certified Hypnotherapist Certified Psychotherapist Certification in Clinical psychology. Diploma in Depression Diploma in REBT & CBT	03460539249...Rawaalpindi	700	https://www.facebook.com/esha.mirza.1401
Baleegha Irfan	Online	Msc Applied psychology, Professional hypnotherapy course from PIMS, 6 months internship at Shakoor Mind Care hospital bahawalpur	0316 6358141	700	Baleegha_Irfan
Samina Majeed	As per her qualifications and experience she has seen clients with various issues including Panic Disorder, OCD, Schizophrenia and people with low motivation and minor issues. Her expertise are	She has done BS in psychology and is currently enrolled in MS psychology. She has polished her skills through internships, certified workshops and courses. She is on an ongoing journey of learning. She has done Course of Hypnotherapy and NLP and there is alot more that is yet to be seen. She is flexible in therapy approach and has a belief that every client is unique and requires to be given specific therapy.	03495701204	1500	

PIMS Practitioners Profiles

	Hypnotherapy (certified), CBT, Reality Therapy, Islamic Therapy and NLP techniques (certified).				
Unshah Qureshi	Anxiety, Depression, School/Friends/Relationships problems, Daily life issues, Marital Problems, Exam stress, General issues. I work with anything anyone faces in daily life which has or can become a barrier in having a fulfilling life.	Msc Applied Psychology, University of The Punjab. Certified Hypnotherapist CPCAB certificate of Counselling Ms counselling (ongoing) 2 years experience as of 2022	03355551997 (Online sessions available)	Rs 2,500 (Discount & Packages available)	
Mehak Urooj	Psychotherapy, Counselling, Behaviour Modification; her expertise involve Hypnotherapy, Couple Therapy, Family Therapy and deals with wide range of Psychotic Disorders.	Certified Hypnotherapist Psychologist Successfully completed the training of DSM 5 (Diagnostic and Statistical Manual of Mental Health Disorders 5) Successfully completed training at PAF (Pakistan Air Force Hospital) Islamabad	+92 309 2402152	Rs. 1500 - Rs. 2000	+92 309 2402152 (mehak.urooj11@gmail.com)/(mehak.bspsy607@iiu.edu.pk)
Asma Noor Ul Ain	Child and Adult	MS Clinical Psychology. Certified Clinical Hypnotherapist. Certified NLP practitioner. Certification in Pakistani Sign Language (beginners level) 6 years work experience with children having additional needs (cont) currently working with adults (Clinical Psychologist)	0335 1697011	3000	
Atif	Online	Certified Hypnotherapist sleep disorders Lack of Focus Overthinking Addictions Memory Retention Stress Anxiety Depression Anger Management Lack of Confidence Self Discipline	03125192040	1500	https://facebook.com/International-Hypnotherapy-Center-103248318404499/
Sukoon Fatima	Female abuse or depression	Clinical Psychologist, NLP and Certified Hypnotherapist	03002914588	3000	Sukoon_pie ceofpeace

PIMS Practitioners Profiles

SYED QARRAR HUSSAIN SHAH	Anxiety, Depression, Emotionally Disturb, GAD, Phobia, Memory, Lack of Confidence, Sexual Disorders, Insomnia, Blood Pressure, Neurological Disorders, Migraine, Obesity	M.Sc.;M.Phil.(Bio-Sciences); M.Sc.(Psychology); M.Ed.(Edu. Psy.) D.H.M.S.;R.H.M.P; P.G.D; PHC (PIMS); NLPCP; DBT.(PIMS) ALSYED CLINIC (DIRECTOR) PSYCHOLOGIST, HOMEOPHYSICIAN & PSYCHOTHERAPIST, REPRODUCTIVE PHYSIOLOGIST,BIOLOGIST(Head Of Deptt.)	Al-Syed Clinic, Muttutal Road , Near Pak Arab , Multan . . Contact# 03317072716,; 03138468419	Rs= 500/-	Fb// QarrarShah // Email= qarrarshah1@gmail.com . Health & Beauty@gm ai
Samra Ahmad	Lahore	Child Psychologist and Certified Hypnotherapist	03217216343	3000	https://instagram.com/samraahmad07?utm_medium=copy_link
Zunaira Zafar	Depression. Anxiety.	BS (Hons.) Psychology MSCP Certified Hypnotherapist Worked in Shifa International Hospital under supervision.	03417662249	1000	
Maheen Noor	Islamabad	Bs psychology and NLP	03147085089	2000	
Maida Ashraf	Johartown Lahore	MBBS	E1 111 Valencia town lahore. 03116328056	1500	drmaidaashraf
Sajjad Ahmad Sagar	General Psychological Disorders, Common Fears and Phobia, Addictions, Traumas and sleeping disorders etc.	Professional Hypnotherapy Certificate from PIMS Pak., Clinical Hypnotherapy from IMTA USA. M.Sc Psychology, Master in Physical & Physical Education(Sports Psychology), Law Graduate. 5 year Hypnotherapy and Counselling, 15 Year Yogic Meditation.	Call:03186490161, WhatsApp: 03043458381, Services venue: 155-Indus Housing Scheme, Rahimyar Khan.	1000 PKR	
Umme Amara	Online	M.Phil Clinical Psychology (enrolled), NLP Coach, Certified Counsellor, Certified First Aid Provider, completed many other courses.	03212742684	Rs 2000	

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Mona Haseeb	Person Centred Therapy	PIMS Certification in Hypnotherapy CPCAB certification in person centred therapy School Psychology Certification from Beaconhouse National University	573 Ravi Block, Allam Iqbal Town, Lahore 03370432369	Rs 2500/-	https://www.instagram.com/invites/contact/?i=1kxupr06dp8i6&utm_content=c2powsQ
Kanwal shafique	Online	MSC DBT SKILL COACHING HYNO THERAPIST	0566368337	2000	I'm on Instagram as kanwals202
Samra Shahid	Child & Adult	BS Psychology MS l/O psychology PGD child & adult psychotherapy DBT skills therapy NLP practitioner Corporate Trainer	03320498420 Unicare Medical Centre, Shadman Lahore	3000	https://samra-shahid.business.site
Zunaira Aslam	Hypnotherapy Adults with OCD ADHD Depression General anxiety PTSD Phobias Neuro emotional rewiring Panic attacks Children with autism spectrum disorder	Certified hypnotherapist from PIMS Licensed NLP practitioner DBT skill therapist	03078830356	1500	https://www.instagram.com/p/CmqcxZktIIX/?igshid=MDJmNzVkMjY=
Humera Mishal Khan	Anxiety, Depression, Assertiveness Training, Anger Management, OCD, PTSD, Emotional and Behavioural Issues, Behaviour Modification, Phobias.	Qualification: Bachelors in Applied Psychology Certifications: 1) Certified CBT Practitioner 2) Certified Trauma Support Specialist 3) Certified Psychological First Aid 4) Certified COVID-19 Psychological First Aid 5) Certified Life Coach 6) Certified NLP Master Practitioner	Address: Lahore, Pakistan, Contact Number: +923229265650	2500	1) https://instagram.com/mentalhealthhandconsultancy?igshid=YmMyMTA2M2Y= 2) https://www

PIMS Practitioners Profiles

		<p>7) Licensed NLP Coaching Practitioner 8) Licensed Hypnotherapist 9) Certified Emerging Trainer 10) Licensed Dialectical Behavioural Skills Therapist 11) Certified Mental Health Ambassador 12) Certified Counsellor</p> <p>Experience: I, Humera Mishal Khan has experience of individual therapeutic sessions in Outpatients and in patient setting. I have experience of preparing case reports for educational purpose and participated in academic discussions. I am acquainted to basics of psychometric evaluation, counselling and psychotherapy of patients suffering with vast variety of disorders including Depression, Anxiety, OCD etc. I have experience of running Group Therapy and Occupational Therapy Sessions with a good feedback.</p>			w.facebook.com/mentalhealthandconsultancy/
Ammara Maryam	Depression Anxiety PTSD Phobias Childhood Trauma Memory issues	BS Applied Psychology (from Punjab University) Certified Hypnotherapist (from PIMS) MS Clinical psychology (continue) from Bahria University Internship done from Civil Hospital Gujranwala	Gujranwala, Shaheen Abad.....Contact no: 03187144873	700	https://instagram.com/ammara_tahir?igshid=YmMyMTA2M2Y=
SamarMinAllah	Emotional, childhood, personality, kids with autism	BS Psychology, Certified Hypnotherapist, Certified DBT skills therapist, Certified NLP coach, Autism specialist	03006220004	3500 - 5000	Mindplatters
Samra Maqdoor	Anxiety, depression, relationship issues, personality issues, assessments.	Diploma in clinical psychology, certified hypnotherapist.	03320576090 is my contact no. Address is Peshawar ..yes I do take online sessions as well	1500 per session	https://www.linkedin.com/in/samra-shah-b1b381199
ZilleHuma	All Mental health issues	Msc Applied Psychology, Certified Hypnotherapist, Certified DBT Skilled Therapist PIMS	0335 5151278, Rawalpindi, online sessions available	Simple consultation 1500 per session online	Currently WhatsApp, website link under process

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Saba Mohsin	Marriage & Relationship Coaching Trauma Healing/ Inner Child Healing Anger/ Stress Anxiety/Fear Grief / Loss Emotional Healing Self-Discovery/ Passion/ Purpose	Certified Life Coach-Achology, Licensed NLP Coach & Professional Hypnotherapist- PIMS	0092 336 2592875 (Online sessions only)	3000 PKR	https://instagram.com/lifeenhancedwithsaba?igshid=YmMyMTA2M2Y=
Moomal yousuf	Confidence, self esteem, relationships, anxiety	BS psychology, behaviour therapist, certified hypnotherapist	03360085591, online sessions on zoom	1000/session	Contact me directly on my number
Amrit Amjad	Preferred Clients Service Area - Emotional issues, Relationships, Personality enhancement, Depression, Anxiety, Stress, Personal growth, etc.	Certified DBT, NLP and Hypnotherapist - PIMS	Islamabad, +923234482060, available for online sessions	Rs. 2500	www.mindsengineering.info
Aiman Mazhar	Emotional issues, depression, anxiety, behavioural issues, managing ADHD etc	MSc psychology, certified hypnotherapist-PIMS, specialization in integrative Health and Medicine (University of Minnesota, online), School Health for Children and Adolescents (University of Colorado School of Medicine)	03309343079	3000	https://www.linkedin.com/in/aiman-mazhar-95565b21b
Aqsa Moeen	Relationship, depression and anxiety issues	Bs. Clinical psychology, certified NLP coach at PIMS	+92 312 0059680 Gulraiz phase III, House no. 401/30, Street # 2, Rawalpindi Near high court road, in front of executive dealing showroom. Rawalpindi.	1000/- Rs	https://instagram.com/aqsaspsychity?igshid=YmMyMTA2M2Y=
Sara Ayub	Mental disorders, emotional issues, personality disorder/issue, couple counselling, parent	Phd Psychology (in progress), PDCP, Certified Hypnotherapist, Certified Dialectical Skill Therapist, Graphologist, Certified Individual Trauma therapist	Hayatabad Medical Complex, Phase 4, Hayatabad-Peshawar, KPK.	4000	

PIMS Practitioners Profiles

	management, anger management, adjustment issues, Trauma related issues, counselling		03328547841. (Online)		
Hijab Furqan	Emotions Depression Anxiety Eating and sleep disorders Behavioural problems Anger management Family and couple counselling	MPhil psychology CBT practitioners RBT Practitioner Professional hypnotherapist Child and counselling psychologist	M: 03286677883	PKR 2000	
Faiza Mubeen	Emotional issues, anxiety, depression	Certified Professional Hypnotherapist	Nelson Medical Complex Abid Majeed Road Rawalpindi 03121544990	3000	https://instagram.com/fay_meem?igshid=YmMyMTA2M2Y=
Imtasal Rana	Emotional Disturbances, Depression, Stress, Overthinking, Borderline personality, Anger issues, Relationship issues, Attachment issues, Phobias, PTSD, OCD.	BS Clinical Psychology Practicing Dialectical behaviour therapy-DBT Neurolinguistic programming-NLP Hypnotherapy Certified PIMS DSM-V Certification by HLPS Practiced in District Headquarter Hospital, Gujranwala Worked with Autistic, ADHD, Microcephalic, Deaf & blind children.	Online sessions 03161782332	3000	https://instagram.com/smilewith_imtasal?igshid=ZDdkNTZiNTM=
Konain Zahra	Depression, Personality, Emotional issues, Child Reading Writing problems	Msc Psychology, DBT Therapist, Hypnotherapist by PIMS	Email: zara07471@gmail.com	2200	I'm on Instagram as @____konain____.
Rihema Aftab	Emotional issues Depression Phobia Anxiety OCD	Bs Applied Psychology (BNU) Certified Hypnotherapist (PIMS) Certified Neuro linguistic Practitioner (PIMS) Certified Dialectical behavioural Therapist (PIMS)	03258169559 online sessions available	Rs2500	https://instagram.com/rihema.aftab?igshid=Y

PIMS Practitioners Profiles

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Azka butt	Emotional issues, personality	Msc psychology, certified hypnotherapist -PIMS	Wah cantt, 03248962473	1000	
Suniya Amir	Early Child behaviour, anxiety, and behavioural and emotional issues	Bs(hons) in Human development and family studies, Certified Hypnotherapist, Certified NLP practitioner and Certified DPT skills.	Preferred online sessions, Contact number (03177704177) DHA phase 8	5000 Rs for clients in Pakistan and 8000 for overseas	https://instagram.com/trending10wn?igshid=YmMyMTA2M2Y=
Khadija Akhtar	Relationships	Certified Hypnotherapist PIMS	03335779966	10,000	@khadijaakhtar32 on Instagram
Noor Asjad	Emotional issues, relationships, trauma	Certified hypnotherapist and NLP coach, talk therapist	I take online and in person both. 0332 5521652 (Isl/Rwp for in person)	2000-4000 PKR	https://instagram.com/noor_asjad?igshid=YmMyMTA2M2Y=
Abeera irfan	All issues	Ms clinical psychology and certified hypnotherapy	03338473228 in person and online sessions	4000	https://instagram.com/psych_abeera?igshid=YmMyMTA2M2Y=
Tooba Jehan	All issues related to mental health such as Traumatic issues, emotional issues, counselling etc	MS Clinical Psychology Certified Hypnotherapist Certified Eidetic Psychotherapist	03055446672 (online sessions)	4000 PKR	https://instagram.com/tooba.jehan?igshid=ZDdkNTZiNTM=
Syeda Wajiha Mahmud	Treatment for adult & child related psychological disorders,(Anxiety,	Clinical psychologist, certified hypnotherapist- PIMS.	03334886806	1500 Rs	

PIMS Practitioners Profiles

	Depression Conversion disorder, Phobias)				
Amina Rafique	Emotional issues, depression, anxiety and for children's autism, ADHD	Graduation in Bs psychology and also certified Hypnotherapist from PIMS. Experience: I worked at mind bridge house cantt Lahore as a internee and recently I worked as a child therapist and as a shadow teacher.	03484539802 Address; Airline society johar town lahore. I take online sessions	2000	https://instagram.com/amna_0666?igshid=YmMyMTA2M2Y=
Abdul Rashid Aasim	Motivation Depression Phobias Unwanted Thoughts/Memories/Habits	Certified Hypnosis Practitioner(PIMS), NLP Practitioner Mindfulness Practitioner Reiki Energy Healer (Attuned to Level II) Masters in Social Sciences	Unilever Estate, Rahim Yar Khan. +923347857949 Online Sessions	1000 PKR	facebook.com/araasim
Umair Tariq	Excellence and business coach	BSCS - (Certified Hypnotist / NLP Practitioner / Emotional Intelligence Life Coach)	Cantt Lahore, 03234524407, Only online sessions	2000	https://www.linkedin.com/in/umairtariq/
Azmeer Kazmi	Emotional issues , depression & helplessness	Qualification BS Psychology. certified Hypnotist , licensed NLP coach , DBT skill coach 1 year Experience at Al nafees medical college Islamabad.	Address johar town phase 2 madina hights contact no 03004446242 I take online session	2000	https://linktr.ee/azmeerkazmi